

**QUIZ NIGHTS**1st March 8th April

8pm in the Community Room

Entry £5 to include supper

Put your name down in the shop in good time – by the Wednesday of that week

MIDGLEY BREAKFASTSaturday 9th MarchSaturday 13th April**Sunday 12th May - Spaw Sunday**

Community Room 10am to 1pm

Take away available**TAX, CARE and TOY BOYS****Friday 22nd February 7.30pm in the Community Room**

This talk is delivered by Co-op Estate Planning. They work in local communities around England and Wales to raise awareness of some important issues that affect some families each day.

Whilst their message is serious, their delivery is informal and delivered in plain english – we can be assured of half an hour (up to 1 hour if required) of thought provoking content, including a Q and A at the end.

Topics covered:- Protecting your family's nest egg, Inheritance Tax, Sideways Disinheritance, Lasting Powers of Attorney.

HEALTH AND WELLBEING TASTER WORKSHOPS

Calderdale IAPT (Improving Access to Psychological Therapies) Team specialises in helping people with common health problems such as sleep and stress. They are offering 2 x 60 mins *Taster Sessions*.

SLEEP - TUESDAY 9TH APRIL at 2pm**STRESS - TUESDAY 14TH MAY at 2pm**

In the Community room, Midgley.

These are carried out by qualified and experienced clinicians trained in Cognitive Behavioural Therapy (CBT). These aren't therapeutic groups and as such, people will be under no obligation to share personal information with other attendees. The emphasis is on identifying unhelpful behaviours and learning more adaptive ways of coping with the stresses and pressure of everyday life.

For more information about these workshops, or the IAPT service in general,
Phone 01484 343700 or email IAPT.Admin@swt.nhs.uk

TELEPHONE BOX UPDATE

Members of the telephone box group have met recently to discuss how we want the restored telephone box to look. We have ordered paints and materials to spruce up the box and will probably begin the big clean up later in Spring.

As we would like to reflect the history of our village, as well as the vibrancy of village life now, could we ask to borrow any unusual photographs of the village that we may be able to reproduce in the phone box, when it has been renovated.

Please pass photographs to the village shop, or directly to Pat Lester or Kym Lockett.

All photographs will be returned. Thank you.



For items to be included in the next newsletter, please contact

Sandra 01422 883388 or email sandyscott21@gmail.com



**Ian Dewhirst BA., MBE,
Dr of Letters (Bradford)**

17.10.1936-January 2019.

It is with regret that we report the death of Ian.

He was our very first speaker at the Forum when we were seeking to raise funds to find premises and to set up the shop. Since then he has returned 17 times and always given of his services without charge. He was a good friend to the Forum. He had his own inimitable style, proving to be a mine of information and a fount of amusement on matters relating to local history. Talks were never less than 90 minutes, progressed without a break, and held the audience in thrall; they were non-PC in order to illustrate a point. But for his unfortunate death, he would have been treating us again this autumn.

Working 24 years as a Reference Librarian, he lamented the loss of books and documentation and ended his talks by exhorting his audience to **never throw anything away!**

As well as being an Honorary Doctor of Letters from Bradford University and an MBE he also had a train named after him. He has been described as a 'legend' and 'Keighley's greatest living historian'. A prolific local history author, he was also a twice published 'Mills and Boon' writer!

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MIDGLEY RECREATION GROUND-UPDATE

Since the last newsletter the renovations to the rec have begun. In December the planters and picnic tables were installed and the planters planted with winter pansies by the school council from Midgley School.

Work will begin during week commencing 18th February to install the younger children's play area with four pieces of equipment that the children chose.



The work should take about a week to complete (weather dependent).

We have applied to Tesco Bags of Help Scheme for one of the older children's pieces of equipment.



For the remainder of the project, in addition to further contributions from Midgley Community Forum and MMAL as we continue to generate funds, we will look into the possibilities of obtaining smaller grants, sponsorship/donations from the local business community and the children from Midgley School Council are to come up with some fund raising ideas. We already have collection boxes in the shop, the school and the Lord Nelson in Luddenden, for anyone who would like to donate. The aim is to have the whole project completed by 2025 which is the one hundredth anniversary of the Recreation Ground being gifted to the community.

ADAM SIM



**Painting and Decorating
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THANK YOU. Peggie wishes to say thank you for all the good wishes she has received for her 90th birthday and also for all the generous donations for Cancer Research. The grand total was £550. That was wonderful!

WANTED

Have you got any large white tablecloths in good condition that you no longer use? If so can you donate them for village events in the Community Room. Just leave them on the counter in the Community Room. We will be very grateful.

DATES FOR YOUR DIARY

Spaw Sunday 12th May.

**The theme this year is The History of Midgley.
Midgley Fete. 8th June**

Midgley Community Forum Email List

We hold a list of email addresses which are used **occasionally** to notify people of imminent events;- spare places on trips or cancelling Quiz Night for example.

The list is also used to request help from time to time e.g Burns Night and the Fete.

If you would like to be added to the list please email Martin martin.tallis@gmail.com